Gökçe Yılmaz Akdoğan

Faculty of Arts and Sciences
Department of Psychology
Eastern Mediterranean University
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GENERAL

Place and Date of Birth	Ankara, Turkey – October 17, 1982
Nationality	Turkish
Marital Status	Married

EDUCATION

PhD in Psychology 2015 February-2018 December	**University of Canterbury** College of Science Department of Psychology & College of Education, Health and Human Development School of Health Sciences Child and Family Psychology	Awarded UC Doctoral Scholarship
PgDipSc in Psychology 2014 February-November	**University of Canterbury** College of Education, Health and Human Development Postgraduate Diploma in Child and Family Psychology	GPA: 7.7/10 "with Distinction"
MSc Degree (with Thesis) 2005 – 2009	**Hacettepe University, Ankara, Turkey** Institute of Health Sciences Child Development and Education	GPA: 3.56/4
Summer School 2003 July - August	**Middlesex University, London, UK**	N/A
Undergraduate BA Degree 2000 – 2005	**Middle East Technical University, Ankara, Turkey** Faculty of Arts and Sciences Department of Psychology (4 years, in English)	GPA: 2.59/4
High School 1993 – 2000	**FMV Nişantaşı Işık High School, Istanbul, Turkey**	High Honors Degree

PROFESSIONAL EXPERIENCE

2019 September-present	**Assistant Professor** Eastern Mediterranean University Faculty of Arts and Sciences Department of Psychology	**Famagusta, North Cyprus**
2019 May-August	**Developmental Child Psychologist** *Special Child Health Centre*	**Antalya, Turkey**
2013 June-October	**Developmental Child Psychologist** *Anatolian Hospital*	**Kemer, Turkey**
2012 April-2013 May	**Developmental Child Psychologist** *Part Time Position at Corlu Private Asrin Medical Center*	**Tekirdag; Turkey**
2011 August – 2013 May	**Developmental Child Psychologist** *Paediatric Private Practice "Çorlu Child Health Center"*	**Tekirdag; Turkey**
2007 January - 2011 August	**Full Time Academic Staff** *Gazi University Child Protection Center*	**Ankara; Turkey**
2006 June - 2006 December	**Psychologist** *Çorlu Dört-D Millet Private Hospital Child Development and Family Support Unit*	**Tekirdag; Turkey**
2004-2005	**Voluntary Internship** *Under supervision of Clinical Psychologist. Prof. A.Sebnem Soysal Acar at Gazi University Hospital, Department of Pediatric Health and Illnesses, Child Neurology Section*	**Ankara; Turkey**
2004 November	**Three- week practicum** *Special Education Center for Children with Speech and Language disorders*	**Ankara; Turkey**

ACADEMIC EXPERIENCE

THESES

Yilmaz Akdogan, G. (2018). *To intervene or not to intervene: Effects of behavioural sleep interventions on infant attachment quality* (Doctoral thesis). University of Canterbury, Christchurch, New Zealand. http://hdl.handle.net/10092/16355

Yılmaz, G. (2009). *Assessment of family drawings, behavior problems and family functioning of sexually abused and non-abused 6-12 year-old children* (Unpublished master's thesis, YOK Thesis No. 242148). Hacettepe University, Institute of Health Sciences; Ankara, Turkey.

SUPERVISION

2024	**Yilmaz, M. G.** *The Predictive Roles of Sleep Patterns and Screen Time on Attention among 5 to 6 Years-old Children in North Cyprus.* (Unpublished Masters Thesis). Eastern Mediterranean University, Famagusta, North Cyprus
Ongoing	**Azak, E.** *Promoting healthy sleep practices for two -to six-month-old infants in the North Cyprus: A multiple baseline design across participants.*

Ongoing **Yagmur, M. H.**
Fathers' Involvement in Baby's Sleep Routine: A Qualitative Analysis of Fathers' and Mothers' Perspective.

Ongoing **Kizilduman, B.**
Self-Management of Insomnia and Its Secondary Impacts on Emotional Eating: A Multiple Baseline Intervention Study with University Students

PUBLICATIONS

INTERNATIONAL

Yılmaz-Akdoğan, G., France, K. G., & Blampied, N.M. (in progress). Infant and parent behavior change during behavioral sleep interventions for 1-year-old infants: A comparison of treated and untreated families.

Dolunay-Cuğ, F., **Yılmaz-Akdoğan, G**., Derman, O., Şahin, Ö., Dağlı Şahin, F., Paslı, F., Güngör, E., & Gökler, B. (2022). The TSPCAN project: A qualitative evaluation with undergraduate students trained in child abuse prevention in Turkey. Child Abuse Review, 32(4), e2813. https://doi.org/10.1002/car.2813

Bencik, S., Yalçin, S. S., **Yilmaz, G**., & Yalçinkaya, F. (2012). Teacher-identified smart children: Low somatic problems and high communication levels. *Hong Kong Journal of Paediatrics*, *17*(3), 156-161.

Kutsal, E., Pasli, F., Sahin, F., Isikli, S., **Yilmaz, G.** & Beyazova, U. (2011). Preliminary validation of The Child Abuse Potential Inventory in Turkey. *Journal of Interpersonal Violence*, 26(14), 2856-2865.

NATIONAL

Can, H., Soysal, A.S., Yalcin, K. & **Yilmaz, G.** (2008). Frequency of Depressive Symptoms Among Retired Persons Who Attend to A Primary Health Center and Their Health Perception. *Neuropsychiatric Investigation*, 46, 122-129.

TEACHING

2023-2024 Fall Semester **PSYC624- Attachment: Theory and Application**
Eastern Mediterranean University
Department of Psychology
General Psychology PhD Programme
Area Elective

2022-2023 Spring Semester **PSYC523- Sleep and Development**
Eastern Mediterranean University
Department of Psychology
General Psychology Master's Programme
Area Elective

2020 Spring Semester - present **PSYC282 & PSKL282 -Experimental Psychology-1: Learning (in English & Turkish) *name change in 2023 as `Psychology of Learning`**
Eastern Mediterranean University
Department of Psychology
Psychology Undergraduate Programme (English & Turkish)

2019 Fall Semester - present **PSYC221 & PSKL221-Developmental Psychology-I (in English & Turkish)**
Eastern Mediterranean University
Department of Psychology
Psychology Undergraduate Programme (English & Turkish)

Fall Semester 2019-2020 **PSYC107-Introduction to Psychology (English)**

Eastern Mediterranean University
Department of Psychology

07/04/2019 "***Infant sleep problems and behavioural sleep interventions: An overview".***
Workshop in 6th Psychology Symposium at İstanbul City University, Istanbul, Turkey

03/10/2017 ***"Behavioural interventions for sleep in children"***
Workshop presented at the TED University Department of Psychology along with Assoc. Prof. Karyn France from the University of Canterbury

02/10/2017 ***"Sleep problems and attachment in infancy: Implications for behavioural sleep interventions"***
Seminar presented at the TED University Department of Psychology

06/04/2017 ***"Case analysis of a 1-year-old infant with sleep problems and effects of the behavioural sleep intervention"***
Guest Lecturer for CFPY603- "Introduction to Interventions" class at the University of Canterbury Child and Family Psychology Postgraduate Diploma Programme

30/05/2016 ***"The relationship between sleep problems and attachment patterns in infancy: Implications for behavioural sleep interventions."***
Guest Lecturer for the CFPY 501- "Models of Practice in Child and Family Psychology" class at the University of Canterbury Postgraduate Diploma Programme in Child and Family Psychology

CONGRESS PRESENTATIONS

Yılmaz, M. G., **Yılmaz-Akdoğan, G.,** Bayraktar, F. (2024). The predictive role of sleep characteristics and screen time on attention gathering skills of preschool children living in North Cyprus. 8th National Congress of Social Pediatrics, *Ankara, Türkiye.*

Yılmaz-Akdoğan, G., France, K.G., Blampied, N.M. (2024). Effects of behavioural sleep intervention on infant attachment quality and parental wellbeing. *8th International Pediatric Sleep Association Conference, Glasgow, UK.*

Dolunay-Cuğ, F., **Yılmaz-Akdoğan, G**., Derman, O., Şahin, Ö., Dağlı, F., Pasli, F., Güngör, E., & Gökler, B. (2021). A qualitative evaluation of the two-step child abuse prevention program by TSPCAN: University students facilitate school-based Prevention. *ISPCAN International Congress, Milan, Italy*.

Yilmaz, G. (2010). The assessment of kinetic family drawings of sexually abused children applied to a child protection center in Turkey. *ISPCAN International Congress on Child Abuse and Neglect, Honolulu, Hawaii, USA.*

Metin, N., Bencik, S., **Yilmaz, G.** & Calisandemir, F. (2007). Gifted and talented children in Turkey: A chronological review of the literature. *World Conference for Gifted and Talented Children*. Warwick, U.K.

Şahin, F., Beyazova, U., Demirel, B., Kuruoglu, A., Akar, T., Iseri, E., Camurdan, A.D., Demirogulları, B., Paslı, F., **Yilmaz, G.**, Gokce, E. (2007). Supporting recovery from child abuse and neglect: Six years - experience of a hospital based child protection team in Turkey. *XIth ISPCAN European Regional Conference on Child Abuse and Neglect*, Lisbon, Portugal

POSTER PRESENTATIONS

Yılmaz-Akdoğan, G., Imran, A., Unal, F. T., Unver, Y. D., Cansu, Y., Yılmaz, M. G., Kızılduman, B. & Güçlüeller, G. (2025). Evaluating the Effectiveness and Feasibility of Insomnia Self-management in University Students: A Multiple Baseline Study in North Cyprus. *ABAI 12th International Conference, Lisbon, Portugal.*

Yilmaz-Akdogan, G., Yilmaz, M. G., Komurcu, S.M. (2022). The effectiveness of a modified behavioural sleep intervention for an infant with hyperphenylalaninemia: A single case study. *66th National Pediatrics Conference, Kyrenia, North Cyprus.*

Akdogan, G. Y., France, K. G., & Blampied, N. (2017). What parent and child factors predict parental help-seeking for paediatric sleep disturbance (PSD)? *Sleep Medicine, 40*, e355.

Boran, R., Beyazova, U., **Yılmaz, G**., İlhan, M.N., Şahin, F., Çamurdan, A.D. (2011). Factors affecting the maternal bonding of mothers who attend to a well-child clinic in a university hospital (in Turkish). *1st National Congress on Developmental and Behavioral Pediatrics;* Ankara, Turkey.

BOOK CONTRIBUTIONS

Bayraktar, F., **Yılmaz-Akdoğan, G.** (in press). Risks and protective factors related to aggression from a lifelong developmental perspective. In Eds (Bayraktar, F. & Hüsnü, S. R.) *Understanding aggression: Insights from psychology and related disciplines*. Nova Publishers.

Yilmaz Akdogan, G., Pasli, F. (2014). How can a preschool teacher identify sexual abuse in children and what can they do when they find out? In Artan, I. (Ed. in Turkish), *Sexual development in early childhood: Section-4: Frequently Asked Questions* (pp338-343). Ankara: Hedef Cs Yayincilik.

Dağlı, T., İnanıcı, M.A. (Ed.in Turkish) (2011). *Manual for University Hospital Based Child Protection Centers: Integrated approach to abused and neglected children*. Ankara, Turkey: UNICEF.

Dağlı,T., İnanıcı,M.A. (Ed. in Turkish) (2010). *Handbook of University Hospital Based Child Protection Centers*. Ankara, Turkey: UNICEF.

AWARDS/ACHIEVEMENTS

2015-2018 **UC Doctoral Scholarship**
Awarded by University of Canterbury

COURSES AND CERTIFICATES

2018 July **Triple-P Standard Level-4 Provider**
Triple-P International Ltd.
Auckland, New Zealand

2016 August **Foundations in Cultural Competency (The Course)**
Ministry of Health, New Zealand (Manatū Hauora, Aotearoa)

2015 August **'Strange Situation Procedure' Training in ABCD Coding System**
Alan Sroufe, PhD and Elizabeth Carlson, PhD
University of Minnesota, Minneapolis, USA
(financed through Canterbury Medical Research Foundation Grant in Aid for Assoc Prof Karyn France)

2011 October - November	**Attachment and Psychopathology** Patricia M. Crittenden, PhD *The Tavistock Centre; London, UK*
2009 October	**Two-day workshop on the Administration and Scoring of Bayley Scales of Infant and Toddler Development (Bayley- III)** Betty Hutchon *Developmental Child Neurology Association; Ankara, Turkey*
2008 - 2011	**Art Therapy and Creativity.** Nevin Eracar, PhD *Olgu Centre for Psychological Counseling; Istanbul & Ankara, Turkey*
2007 November	**"Early Mother-Child Interaction and Attachment as a Focus for Preventive Intervention in Child Abuse and Neglect"** Kari Killen, PhD *ISPCAN Advanced Training Institute; Lisbon, Portugal*
2007 May	**"Forensic Interview with Sexually Abused Children"** Lori Payne *7th Symposium of Forensic Sciences; Gaziantep, Turkey*
2006 April	**One-week course on Administration and Scoring of Wechsler Intelligence Scale for Children (WISC-R)** Şeniz Özusta, PhD *Turkish Psychological Association; Ankara, Turkey*
2006 June	**Child Assessment Package** Gülsen Erden, PhD *Turkish Psychological Association; Ankara, Turkey*
2005 April	**Two-day workshop on Administration and Scoring of Denver II Developmental Screening Test** Birgül Bayoğlu, MSc *Developmental Child Neurology Association; Ankara, Turkey*
2003 August	**Know Your Personality and Emotional Intelligence (2 weeks course)** Middlesex University Summer School Program; London, UK
2003 July	**Counseling in Education (2 weeks course),** Middlesex University Summer School Program; London, UK

COMMUNITY/ VOLUNTEER SERVICES

2025-present	**Manuscript reviewer for the peer-reviewed journal "*Sleep Medicine*"**
2025-present	**Manuscript reviewer for the peer-reviewed journal "Current Approaches in Psychiatry (Psikiyatride Guncel Yaklasimlar)"**
2019-present	**Manuscript reviewer for the peer-reviewed journal "Turkish Psychological Articles (*Türk Psikoloji Yazıları*)"**

2016-present	**Manuscript reviewer for the peer-reviewed journal "*Clinical Child Psychology and Psychiatry*"**
2023-2024	**EMU Psychology Students Club Advisor**
2016	**Antenatal Classes-AN2 and AN10 at Christchurch Parents Centre, Bishopdale, Christchurch, NZ** Volunteer as the Liaison Person
2010-2012	**The Study on Standardization of Child Protection Centers in Turkey by Joint Work of Child Protection Centers Coordination Board and UNICEF** Member of Education Committee
2007-2011	**"Children First" Preventive Family Training Program for Parents Who Have 0-6 Year Old Children** Facilitator at Gazi University Hospital, Ankara; Turkey
2008-2011	**"The University Students Coach Primary School Students on Coping Skills and How to Say No!"** Coordinator of community-based prevention project of TSPCAN Youth Division, Ankara; Turkey

CONFERENCE ORGANISATIONS and SESSION CHAIRS

2024 May	**EMU 16th Psychology Days, Famagusta, North Cyprus** *Organization Committee Chair*
2012 September	**ISPCAN 19th International Congress on Child Abuse and Neglect; Istanbul, Turkey** *Member of Organization Committee* *(Responsible for Youth Participation Forum)*
2010 May	**2nd National Congress on Prevention of Child Abuse and Neglect; Ankara, Turkey** *Session Chair for poster presentations*
2008 May	**2nd Symposium of Child Abuse and Neglect with International Participation; Ankara, Turkey** *Member of Organization Committee*
2002 April	**16th EFPSA European Psychology Students Congress; Avanos, Nevşehir, Turkey** *Member of Organization Committee*

PROFESSIONAL MEMBERSHIPS

2025-present	**European Sleep Research Society (ESRS)**
2025-present	**Applied Behavior Analysis International Society (ABAI)**
2023-present	**International Pediatric Sleep Association (IPSA)**

2017-present	**World Sleep Society** *World Sleep Day Delegate since 2024*	
2013-2015	**Society for Research in Child Development (SRCD)**	
2008-2013	**International Society for the Prevention of Child Abuse and Neglect (ISPCAN)**	
2007-2013	**Turkish Society for the Prevention of Child Abuse and Neglect (TSPCAN)** *Coordinator of Youth Division in 2007-2011*	
2006-present	**Turkish Psychological Association (TPD)** *Member of Child Commission*	

SKILLS and ACTIVITIES

Languages	**Turkish**	Native
	English	Excellent
	German	Beginner
	Te Reo Maori	Beginner
	Spanish	Beginner
Computer Skills	Windows Family Operating Systems MS Office Programs SPSS (All versions) Sigma Plot (v.12.5)	
Leisure Activities	Mother of Twins, Swimming, Rock Climbing, Travelling, Performing Arts (Music)	