

# ÖZLEM BURAK

SENIOR INSTRUCTOR, PSYCHOLOGIST & PSYCHOTHERAPIST

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FAMAGUSTA, CYPRUS

## **PROFILE**

Skilled and enthusiastic psychology instructor and BPS chartered psychologist with a passion for teaching, conducting scientific studies and providing effective therapies for children, adolescents and adults.

## **EMPLOYMENT HISTORY**

### **Psychologist, Psychotherapist and Owner (BPS Chartered, MSc) at Epifani Psikoloji Merkezi, Famagusta**

July 2024 – Present

Conducting individual psychotherapy sessions with adults, adolescents and children. Along with being the British Psychological Society (BPS) Chartered Member, accredited (International and Europe) therapy training certificates have been awarded. To work with children, Cognitive Behavioural Play Therapy and Child-centred Play Therapy training have been taken from the Institute of Behavioural Sciences, İstanbul by Dr Susan Knell and Dr Brandy Shumann, respectively. EMDR for children (Level I) training was taken from Prof Dr Ümran Korkmazlar. EMDR for adults (Level I & II) have been taken from Ay Institute, İstanbul by Asena Yurtsever (MSc). EMDR therapy for children with death and mourning was taken from Nalan Şaban (MSc). Schema Therapy training was taken from the Schema Therapy Institute by Prof Dr Gonca Soygüt Pekak. Cognitive Behavioural Therapy training was taken from Prof Dr Murad Atmaca. Supervision for each therapy training is finished and there are ongoing supervision sessions including children, adolescents and adults. Additionally, Moxo and other developmental tests training have been taken to work with children when necessary. Also, Attentioner programme for ADHD children was taken from Dr Hülya Bingöl. Lastly, WISC-V Test (Wechsler Intelligence Scale for Children) accredited training was received from Clinical Psychologist Sibel Karahan at Giunti Psychometrics, Turkey.

### **Senior Instructor at Eastern Mediterranean University, Famagusta**

January 2019 – Present

Prepared and taught lessons to first, second, third and final year psychology undergraduates in English and Turkish languages. The lessons include Atypical Child Development, Developmental Psychology I & II, Ethics in Psychology, Media Psychology, Introduction to Psychology, Science of Psychology, Work Psychology, Testing and Measurement and Theories of Personality. Examination and assignment markings and feedback sessions are also conducted. The classes are both seminar and lecture classes generally including 60+ students within a group.

**Psychologist (BPS Chartered, MSc) at Mayis Psikoloji Education and Psychotherapy Center, Nicosia**

October 2021 – July 2024

**Volunteer Psychologist at ÖZEP (Özel Eğitim Pojesi), Nicosia**

June 2021 – December 2021

Volunteered in a special educational needs project which aimed to help children with special educational needs and their families to provide psycho-therapeutic and psycho-educational help. This project was supported by the Nicosia Government.

**1:1 SEN Teaching Assistant at Farsley Farfield Primary School, Leeds, England**

February 2018 – August 2018

Worked as a 1:1 special educational needs (SEN) teaching assistant to help children in an educational setting. Children were diagnosed with Asperger syndrome, autism, dyslexia, dyscalculia, adhd, etc. Psycho-educational help was also given to families in need.

**EDUCATION**

**MSc in Forensic Psychology, University of Central Lancashire (UCLAN) (Cyprus Campus), Pyla**

September 2020 – August 2022

Graduated with Distinction.

*Dissertation topic:* ADHD symptomology and antisocial attitudes: mediating role of ACEs.

**MSc in Development, Disorders and Clinical Practice, The University of York, York, England**

September 2016 – January 2018

Graduated with Merit.

*Dissertation topic:* Parent-child interaction in children with and without ASD.

**BSc in Psychology, The University of Southampton, Southampton, England**

September 2013 – July 2016

Graduated with Upper 2:1.

*Dissertation topic:* Effect of nostalgia on spirituality.

**SCHOLARSHIPS**

EU Scholarship for the Turkish Cypriot Community

2020 – Nicosia

## **A LEVELS**

Turkish

Psychology

Biology

Mathematics

## **LANGUAGES**

English

Turkish

## **REFERENCES**

References are available upon request.