Polina Zhigulskaya

E-mail: pzhigulskaya@gmail.com - 24600767@emu.edu.tr

CURRICULUM VITAE

Date of Birth: March 14, 2001

Place of Birth: Moscow region

Citizenship: Russian

EDUCATION

02/2025-Present **Doctoral Degree in Pharmaceutical Sciences (Faculty of Pharmacy)**, Eastern Mediterranean University

- CGPA: 4.00

09/2019-01/2025 **Bachelor's Degree (Faculty of Pharmacy)**, Eastern Mediterranean University

- Dissertation Project: Preparation and Characterization of Orally Disintegrating Tablets (ODTs).
- Advisor: Asst. Prof. Dr. Emine Dilek Özyilmaz
- CGPA: 3.21

2008-2019 **High School Degree**, Municipal Budgetary General Educational Institution Secondary School of General Education No. 5.

AWARDS/ SCHOLORSHIPS

Eastern Mediterranean University (Bachelor's Degree)

- 1st Semester Honor certificate awarded by the Department of Pharmacy.
- 2nd Semester High Honor certificate awarded by the Department of Pharmacy.
- 5th Semester Honor certificate awarded by the Department of Pharmacy.
- 7th Semester Honor certificate awarded by the Department of Pharmacy.
- 8th Semester Honor certificate awarded by the Department of Pharmacy.

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- 9th Semester Honor certificate awarded by the Department of Pharmacy.
- 10th Semester High Honor certificate awarded by the Department of Pharmacy.
- 11th Semester High Honor certificate awarded by the Department of Pharmacy.

Eastern Mediterranean University (Doctoral Degree)

- 1st Semester Hight Honor certificate awarded by the Department of Pharmacy.

CONFERENCES & CONGRESSES

9th International Career Days, Organized by the Faculty of Pharmacy at Eastern Mediterranean University, April 2021.

10th International Career Days, Organized by the Faculty of Pharmacy at Eastern Mediterranean University, May 2022.

"Career improvement 101", Organized by the EMUPSS, Faculty of Pharmacy at Eastern Mediterranean University, December 2022.

11th International Career Days, Organized by the Faculty of Pharmacy at Eastern Mediterranean University, May 2023.

"Medicinal Chemistry & Toxicology Seminar", Organized by the Faculty of Pharmacy at Eastern Mediterranean University, April 2024.

12th International Career Days, Organized by the Faculty of Pharmacy at Eastern Mediterranean University, May 2024.

"Pharmacy Career Pathways Panel" Webinar, Organized by the Faculty of Pharmacy at Eastern Mediterranean University, May 2024.

"Foundation of Clinical Pharmacy" Webinar, Organized by the IPSF EuRO, March 2025

"Pharmaceutical Sciences PhD Program Seminar Presentations", Organized by the Faculty of Pharmacy at Eastern Mediterranean University, June 2025.

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PROFESSIONAL EXPERIENCE

07/2022-08/2022 — Intern, Hospital Pharmacy (State Budgetary Healthcare Institution of the City of Moscow "Children's City Clinical Hospital No. 9 named after G.N. Speransky of the Department of Healthcare of the City of Moscow"), Russia

- Practical and Theoretical studies with clinical pharmacologist (Natalia Kondratenko)

08/2022-09/2022 — Intern, Industrial Company (Scientific and Production Association "Euraspharm" LLC), Russia

- Practical and Theoretical studies with pharmaceutical technologist

01/2023-02/2023 — Intern, Community Pharmacy (Güzer Pharmacy), Cyprus

- Practical and Theoretical studies with pharmacist (Pharm. Bahar Güzer)

07/2023-07/2023 — Intern, Industrial Company (Production and Commercial Company Orbita Ltd), Russia

- Practical and Theoretical studies with pharmaceutical technologist

07/2023-09/2023 — Intern, Community Pharmacy (Absolut-Pharm Ltd), Russia

- Practical and Theoretical studies with pharmacist

03/2024-05/2024 — Intern, Community Pharmacy (Güzer Pharmacy), Cyprus

- Practical and Theoretical studies with pharmacist (Pharm. Bahar Güzer)

10/2024-12/2024 — Intern, Community Pharmacy (Güzer Pharmacy), Cyprus

- Practical and Theoretical studies with pharmacist (Pharm. Bahar Güzer)

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NON-ACADEMIC EXPERIENCE

These are the aspects of my life that interest me the most. Throughout the years, I have gathered the right hardware and adequate knowledge to create positive outcomes for friends and clients alike. These include:

- Professional experience in martial arts (Aikido)
  - Instructor assistant (2016-2019)
  - Black belt (since 2018)
- Semi-professional experience in swimming
  - Member of EMU Swimming team (2019-Present)
- Experience in using Adobe Photoshop

LANGUAGES

- Russian (native language)
- English (upper-intermediate)
- Turkish (elementary)